



Preparing for Your Next Career Move

2020 Governor's Conference on Volunteerism

Thursday, June 25, 2020

Volunteer NH hosts the annual **Governor's Conference on Volunteerism** in partnership with the Governor's Office.

The purpose of the conference is to educate, enhance skills, and provide professional development that will support and strengthen New Hampshire's volunteer programs and organizations.

Learn more by visiting VolunteerNH.org

Session Chat

11:47:04 From Larissa (Event Chair) : Thank you for joining us! We'll be starting shortly!

11:51:05 From Larissa (Event Chair) : Welcome! We are about to start!

11:52:15 From Jeannette Mendez : Jeannette Mendez / Hartford CT, Trainer

11:52:46 From Lesley (VNH) : Good morning! Please introduce yourselves and let us know what your dream job is.

11:52:50 From Mary Roberge : Mary Roberge-Volunteer-AARP NH

11:52:56 From Erica Fuller : Erica/ Waterbury, VT/ Being a fulltime volunteer would be a dream!

11:52:59 From Kali Langevin : Kali Langevin - Sports Dietitian

11:53:07 From Emily Soleil : Emily Soleil - Lowell, MA - dream job: COO

11:53:11 From Cleora Ohar : Hi everyone, I'm Cleora, an AmeriCorps VISTA serving at Nashua Community College in NH. My desire is to work in higher education (study abroad or multicultural programs specifically)

11:53:17 From Teresa Volta : Teresa Volta. RSVP. good question!

11:53:21 From Melinda Campbell : Melinda-AmeriCorps member/CVCOA dream job: Genealogist

11:53:22 From Amanda Powell : Amanda from Bedford, NH. Dream job: Trainer for mental health and wellness topics!

11:53:25 From Moses Shafer : Moses Shafer- Ecologist or Sustainable Farming.

11:53:26 From Cara Swiechowicz : Cara - Graphic Design specifically wedding designs

11:53:34 From Paige Dahlke : I'm Paige and I'd like to be a sustainability coordinator / advisor

11:53:35 From Elizabeth Wilcox : Elizabeth Wilcox/VT AmeriCorps leader/ actor

11:53:42 From Shawn Sutton : Shawn Sutton, Henniker, Lifestyle Medicine/Culinary Medicine-Health and CHEF coaching targeted toward people experiencing health care disparities.

11:53:42 From Maddie Avery : Hi my name is Maddie Avery and James Zimmer. We are AmeriCorps members for the Epilepsy Foundation of New England. My dream job would be a photojournalist and James' is doing public relations for a ski resort

11:53:48 From Mary Roberge : Opps! Dream Job - Trainer and Speaker

11:53:56 From Kathleen Hannabach : Hello!

11:53:59 From Megan Brabec : Megan Brabec - Coordinator of Civic & Community Engagement at UNH. I have a great job, but I'd really like to shift to nonprofit or policy work

11:54:03 From Ami Grenier : Ami Grenier - office manager. dream job would be in HR. almost there.

11:54:25 From Kathleen Hannabach : Kathleen, VISTA volunteer, curriculum development in Manchester, NH.

11:54:33 From Tabitha Boze : Hello, Tabitha Boze with AmeriCorps in ME. Currently working as an energy efficiency education specialist. Dream job... city sustainability coordinator!

11:54:38 From Molly Plummer : Molly Plummer Americorps member serving at Revive Recovery Center in Nashua NH

11:54:45 From Jennifer Wright : Jennifer Wright, Granite YMCA. Dream jobs? Writer/corporate trainer/consultant/coordinator

11:55:09 From Dawn Brown : Dawn Brown, Pathway of Hope Regional Coordinator, The Salvation Army NNE.....Not sure what my dream job is as I did that in my first career

11:55:17 From Melissa Spaulding : Melissa Spaulding Americorps Mentor

11:55:30 From Lynne Walsh : Lynne from Castle in the Clouds as Volunteer Coordinator

11:56:00 From Lynne Walsh : Dream job is part-time outdoor trainer of botany and wildlife

11:56:04 From Kim Altomare : Kim White Feather-Altomare, Center Ossipee, NH Mobile Recovery Support

11:58:40 From Kim White Feather Altomare : I have had to remake myself several times.

11:59:04 From Ana Gonzalez : Link on the screen:
<https://www.thebalancecareers.com/how-often-do-people-change-jobs-2060467>

12:00:59 From Margaret Taylor : Margare Taylor , AmeriCorps member serving at Revive Recovery Center Nashua nh.

12:02:14 From Erica Fuller : Volunteer Coordinator/Program Manager

12:02:25 From Justin Purvis : legislative aide

12:02:27 From Laurie Galletta : We will pause for questions. Please type questions here.

12:02:30 From Megan Brabec | she/hers : I'm currently a Program Coordinator, so I'm hoping to move into a Program Manager or Program Director position ASAP

12:02:30 From Kimberly Cartier : Trio Program Coordinator

12:02:37 From Jennifer Wright : Program Manager/Coordinator/Lead Trainer

12:02:38 From Melinda Campbell : Nonprofit work with older seniors

12:02:41 From Melissa Spaulding : I want to work in a high school with at risk youth.

12:02:42 From Clare Cartheuser : Program Coordinator

12:02:42 From Malena Gatti : Marketing

12:02:53 From Aura Huot : Manager-Director :)

12:03:03 From Teresa Volta : I'm 58. I want the same job I do now! RSVP Director.

12:03:06 From Margaret Taylor : would love to work in recovery.

12:03:08 From Emily Soleil : Development on the Grant-Making side, or an Operations Assistant at an Equity Org.

12:04:31 From Cleora Ohar : Director or coordinator of multicultural/international programs

12:05:28 From johnathan Lemitelamy : may you elaborate the benefits of badges and sales force trail head experience that employers are looking for?

12:05:59 From Ana Gonzalez : [GSC.kuder.com](https://www.gsc.kuder.com)

12:06:22 From Ana Gonzalez : J4349938ZVP

12:07:28 From Kimberly Cartier : Onet online

12:08:17 From Molly April : informational interviews with people in the field

12:08:23 From Amanda Powell : Word of mouth, networking conversations, online research.

12:08:23 From Lynne Walsh : Went to webpage of company - to see what is open and more about that co

12:08:55 From Maddie Avery : LinkedIn, Indeed, handshake, and word of mouth

12:09:09 From Malena Gatti : What exactly is a badge?

12:09:43 From Kali Langevin : Malena, it's essentially a mini certification

12:10:08 From Shawn Sutton : Checking out web sites of associations--ie American Board of Lifestyle Medicine,

12:10:35 From Emily Soleil : idealist.org

12:10:36 From Shawn Sutton : Journals related to field

12:10:51 From Margaret Taylor : word of mouth, online.

12:11:10 From Cleora Ohar : Joining Facebook groups related to your field

12:11:19 From Cleora Ohar : Or LinkedIn groups

12:11:38 From Megan Brabec | she/hers : Don't forget Google Jobs! You'll get a broader listing because employers can't pay to push their jobs to the top.

12:13:11 From Ana Gonzalez : <https://www.onetonline.org/>

12:16:51 From Ana Gonzalez : GSC.kuder.com
J4349938ZVP

12:17:03 From Kim White Feather Altomare : Thank you

12:17:26 From Ana Gonzalez : This includes the activation code to use Kuder free of charge

12:17:36 From Jennifer Wright : thanks

12:17:57 From Shawn Sutton : ONET looks great--any tool where you can work in reverse order entering your skills, education, credentials etc and get careers ideas?

12:18:05 From Lesley (VNH) : All materials will be sent to everyone including the slides with links and account codes.

12:18:44 From Kim White Feather Altomare : If I am correct, LinkedIn you can pick up on job opportunities there also.

12:22:59 From Peggy Verney : Not sure I said HI, Peg Verney here

12:23:06 From Kathy DesRoches : yes, Kim, you are correct

12:23:30 From Kathy DesRoches : Aura, Nice to see you

12:23:48 From Ana Gonzalez : Hi Peg!

12:25:00 From Ana Gonzalez :

- In what area have you experienced the most growth?
- What did you do?
- Where do you need to continue to growth?
- What is it that you need to do more of?
- What would you like to leave in the past?

12:25:01 From Kim White Feather Altomare : Hi Peg.

12:25:50 From Ana Gonzalez : Copy these and paste in a word or notepad file for yourself

[Breakout session debrief]

12:39:47 From Sara Varela : great opportunity to network

12:40:08 From Erica Fuller : Our group would like more experience in team and project management and well as getting back to direct service roles versus behind the scenes work.

12:40:24 From Kali Langevin : Negative self-talk is a challenge across a variety of age groups.

12:40:31 From Sara Varela : our group would like to continue to do more networking

12:40:35 From Amanda Powell : We had a great conversation and were able to talk a lot about how we would like to/have started to work on breaking out tasks in our days and thinking about removing barriers not only for ourselves but our peers as well.

12:40:45 From Shawn Sutton : -we all have something to offer know matter where we are from or are at in our lives!

12:40:47 From Eliza Zarka : Team building can be challenging!

12:40:48 From Katie Pazienza : Zoom and working remotely is actually helping with some professional development goals!

12:40:49 From Kimberly Cartier : We forgot to designate a reporter, but we did discuss that it's important to know the members of your team to do effective team-building.

12:40:52 From Molly April : Areas our group has shown growth: interpersonal communication, technology skills, navigating workplace dynamics

12:41:09 From Molly April : areas to grow: advocacy in the workplace, resilience, organizational skills

12:41:21 From Kali Langevin : Transitions have been challenging switching between self-reliance or being a team member where you might not be the sole decision-maker

12:41:33 From Kathleen Hannabach : A common focus was to give back and support our communities during this time; continue to develop skills to be COVID-technically prepared for virtual work/education and competitive.

12:41:40 From Erica Fuller : Leaving behind the "corporate" world and focusing on how to benefit and help others.

12:41:58 From Shawn Sutton : -need to extend our comfort zones for growth

12:42:08 From Izcar Desueza : getting out of comfort zone

12:42:31 From Kim White Feather Altomare : we did not follow the rules either and were talking about AmeriCorps and how they enhanced our volunteer experiences and team-building Transitioning between the face to face in person to face time or zoom or IM, or google or other video platofrm

12:43:01 From Sara Varela : we shared our contact info and connected via LinkedIn

12:43:23 From Kim White Feather Altomare : I am on LinkedIn too

12:43:42 From Melinda Campbell : I am also on LinkedIn

12:43:49 From johnathan Lemitelamy : we had an awesome group conversation, getting to know one another. we discussed goals, challenges, and strengths

12:43:55 From Kimberly Cartier : I'm happy to share my email: kcartier@ccsnh.edu

12:44:18 From Leslie Griffin : leslie.a.griffin@gmail.com

12:46:14 From Kim White Feather Altomare : I am also happy to share my e-mails. My e-mails are luchs32@yahoo.com or whitefeather.kim@gmail.com

12:46:35 From Ana Gonzalez : <https://resumeworded.com/granite>

[General comments and questions]

12:47:26 From Melinda Campbell : Is this only available to the students at Granite State?

12:48:22 From Elizabeth Wilcox : great resources...thanks!

12:48:30 From Peggy Verney : This was wonderful. Thank you so much

12:48:31 From Leslie Griffin : Lots of really helpful information and resources

12:48:33 From Amanda Powell : Great session - loved the resources and the focus of the break out session!

12:48:49 From Lesley (VNH) : Everything will be shared with everyone registered!

12:48:55 From Shawn Sutton : This was excellent, thank you!

12:48:57 From Jeannette Mendez : this has been the best webinar so far. great

12:48:59 From Eliza Zarka : Team builders and ice-breakers for youth

12:49:08 From Ana Gonzalez : <https://www.granite.edu/contact/have-a-question/>

12:49:25 From Izcar Desueza : It's been a great opportunity to evaluate myself and learn about what I've improved and what I can still learn.

12:49:43 From Cleora Ohar : These are ways to connect with me if you want: cohar@ccsnh.edu & on LinkedIn as "Cleora L. Ohar"

12:50:20 From Elizabeth Wilcox : A good way to utilize educational stipend through AmeriCorps?

12:50:38 From Lesley (VNH) : Elizabeth, yes!

12:51:51 From Sara Varela : Is your summer semester online?

12:52:10 From Kathy DesRoches : yes! on line

12:52:19 From Izcar Desueza : thanks

12:52:24 From Ana Gonzalez : <https://www.granite.edu/degree-programs/masters-degrees/>

12:52:47 From Shawn Sutton : Izcar and Molly--I am on Linked in and my email is ssutton163@gmail.com if you want to connect.

12:53:05 From Mikayla Collins : Thanks, everyone! Here is the link to the survey to let us know what you thought of the session:
https://docs.google.com/forms/d/e/1FAIpQLSfSZfh4TIrtdaCgsdAU2t39d13CJ-9t6gCd7iJ47Q_BMScjnw/viewform?usp=sf_link

12:54:40 From Mary Roberge : Thank you!

12:54:47 From Elizabeth Wilcox : Thank you very, very much!

12:54:55 From Jennifer Wright : Thank you

12:54:57 From Michael Banks : bye

12:54:57 From Leslie Griffin : Thanks!

12:55:30 From Cleora Ohar : Thank you!

12:55:33 From johnathan Lemitelamy : thanks!