



# Engaging Youth in Meaningful Ways

## 2020 Governor's Conference on Volunteerism

Thursday, June 25, 2020

Volunteer NH hosts the annual **Governor's Conference on Volunteerism** in partnership with the Governor's Office.

The purpose of the conference is to educate, enhance skills, and provide professional development that will support and strengthen New Hampshire's volunteer programs and organizations.

Learn more by visiting [VolunteerNH.org](http://VolunteerNH.org)

## Session Chat

*[Attendees introduce themselves and share where they're logging in from]*

13:41:59 From Anne Marie Yorio : Anne Marie Yorio - Girl Scouts of the Green and White Mountains, Amherst, NH

13:42:20 From Monica Gallant : Monica Gallant, Boys & Girls Club of Souhegan Valley & CAST Coalition

13:42:21 From Nancy Burns : Nancy Burns, UMV MRC in Westford, MA

13:42:41 From Riley Kenney : Riley Kenney, AmeriCorps VISTA member serving with Volunteer NH

13:42:42 From AnnMarie SanAntonio : Hi! AnnMarie from

13:42:48 From Linda Quebec : Linda Quebec from the Granite YMCA in Manchester.

13:42:50 From AnnMarie SanAntonio : AmeriCorps

13:42:52 From Amanda LaClair : Amanda LaClair, Girl Scouts of the Green and White Mountains, Sunapee NH

13:42:57 From Dawn Brown : Dawn Brown, Salvation Army, Allenstown NH

13:43:06 From Lori Tsuruda : Lori, People Making a Difference (PMD) in Boston

13:43:06 From Simone Talbot : Simone Goodwin Community Health Somersworth NH

13:43:08 From Riché Colcombe : Riché Colcombe from Hillsborough

13:43:16 From Natasha Dalton : Natasha Dalton, AmeriCorps serving Epilepsy Foundation New England

13:43:17 From Damond Ford : Damond Ford, NH GEAR UP Alliance, Manchester, NH

13:43:19 From Kim White Feather-Altomare : Kim White Feather-Altomare - Center Ossipee, NH Mobile Recovery and AmeriCorps HH Recovery Corps Alumni

13:43:22 From Arlene Magoon : Hi! FEMA Region 1 Individual and Community Preparedness officer and co lead for the Regional Youth Preparedness Council.

13:43:23 From Christine Whiting : Christine Whiting, UNHCE 4-H Coos County NH

13:43:24 From Erica Fuller : Waterbury, VT with the Red Cross

13:43:25 From Abby Forrence : Abby Forrence, Boys and Girls Club of Souhegan Valley & CAST Coalition

13:43:31 From Brittany Carmona : Hi Everyone- Brittany Carmona: Community Relations @ Fidelity Investments

13:43:31 From Shamecca Brown : Hello everyone, I'm Shamecca and I'm an advocate for sexual and domestic violence at the YWCA NH

13:43:35 From Cleora Ohar : Cleora Ohar, AmeriCorps VISTA at Nashua Community College in NH

13:43:46 From Jenna G : Jenna Gaucher, AmeriCorps serving Epilepsy Foundation New England

13:43:46 From Hilary Stark : Hilary stark AmeriCorps Recovery Corps .

13:43:53 From Megan Brabec : Megan Brabec, Coordinator of Civic & Community Engagement at UNH, logging in from Newmarket!

13:44:03 From Leigh Reynolds : Leigh Ann, Director of Education at the Squam Lakes Association in Holderness, NH

13:44:07 From Carol Raymond : Hello! I'm Carol Raymond from Squam Lakes Natural Science Center in Holderness.

13:44:09 From Stacy Parsons : Stacy Parsons, McKinney Vento Regional Liaison, MA

13:44:17 From Nate Hanson : Nate Hanson Adaptive Sports Partners of the North Country logging in from Littleton NH

13:44:28 From Nancy Neu : Hi Nancy Goodwill VISTA

13:44:32 From Amanda Coppa : Amanda Coppa, Fidelity Investments, logging in from North Kingstown Rhode Island

13:44:45 From Madison Pierce : Maddie Pierce, AmeriCorps member at Lyman Moore Middle School, logging in from Gorham, ME

13:49:30 From Peggy Verney : Hi Peg Verney here, AmeriCorps member, serving in North Conway, NH

13:52:28 From Shawn Sutton : Shawn, Family Promise of Greater Concord

13:52:50 From Mary Roberge : Mary Roberge

*[Attendees answer the question, "What does society think about the younger generation?"]*

13:52:56 From Arlene Magoon : not motivated

13:52:56 From Shawn Sutton : they spend all their time on social media, gaming

13:52:56 From Damond Ford : they are more civically active

- 13:53:01 From Kim White Feather-Altomare : youth are lazy
- 13:53:04 From Megan Brabec : high rates of anxiety
- 13:53:06 From Peggy Verney : Disrespect
- 13:53:08 From Jennifer Wright : All they care about is social media, they don't care about school, they aren't as mature as they used to be
- 13:53:09 From Clare Cartheuser : They're entitled
- 13:53:09 From Shamecca Brown : Poverty
- 13:53:09 From Michele Watson : Have a lot of anxiety
- 13:53:11 From Madison Pierce : Tied to phones
- 13:53:11 From Lilo Bean : People are quick to say that we are too radical in our ideas
- 13:53:12 From Erica Fuller : Unable to make a commitment
- 13:53:12 From Johnathan Lemitelamy : they are the future
- 13:53:14 From Melissa Spaulding : They're lazy, they don't listen
- 13:53:16 From Damond Ford : pragmatic
- 13:53:17 From Molly April : they are involved with their communities and social issues
- 13:53:18 From Nate Hanson : entitled
- 13:53:22 From Anne Marie Yorio : involved in too many activities
- 13:53:24 From Kim White Feather-Altomare : lack of respect
- 13:53:25 From Eliza Zarka : Gen Z is wild

- 13:53:29 From Izcar Desueza : they need guidance
- 13:53:30 From Kara TInlin : lacking social skills because too much time on screens
- 13:53:32 From Matt Shiebler : youth today are said to be disconnected from reality, anxious/depressed
- 13:53:32 From Simone Talbot : No work ethic
- 13:53:38 From Lorin Durand : Lacking strong work ethic.
- 13:53:40 From Natasha Dalton : They feel like they don't belong
- 13:53:42 From Cleora Ohar : Left behind (particularly minorities)
- 13:53:46 From Megan Brabec : put high expectations on themselves
- 13:53:54 From michelle Dowd : favorite word is maybe
- 13:53:59 From Helene Bureau : Generally more accepting of others
- 13:54:12 From Shawn Sutton : Agree, they are more accepting
- 13:54:21 From Amy : want to have a voice
- 13:54:35 From Lori Tsuruda : smothered by overly protective, snowplow parents
- 13:55:14 From Kim White Feather-Altomare : Digital Natives
- 13:55:37 From Kim White Feather-Altomare : Born Freer's
- 13:56:52 From Nancy Burns : Sorry, I need to step out. Thanks for the topic!
- 14:02:30 From Molly April : just joined on my phone!

*[Attendees debrief from their first breakout session]*

14:12:36 From Peggy Verney : It was really a great group, diversified. It was interesting to see the different experiences based on age and demographics

14:14:04 From Lilo Bean : Lilo

14:15:02 From Kim White Feather-Altomare : we had a great group. I am from the Gen X and the Gen Y and Gen Z were both reflected in the group chat. The diversity was awesome. We talked about the younger generation and how to enhance this generation to stop being AFRAID TO ASK QUESTIONS and feel empowered to be able to ask more

14:15:02 From Lorin Durand : Song from the Pajama Game, Doris Day sings "I hear that the teenage kids are wilder".

14:16:10 From Arlene Magoon : Yeah Peggy! the radical 70's!

14:19:01 From Peggy Verney : +Oh on the phone thought it reminded me of a great video on the 5 colored chairs. Talking about utilizing a phone for instant information that can be shared. However the appearance of which is disconnect.

14:26:58 From Kim White Feather-Altomare : Our youth are not that different from previous generations. The values and aspirations of our millennials Gen Y and Gen Z are quite similar to the older generations.

14:27:57 From Kim White Feather-Altomare : Today's youth seems to place MORE VALUE ON ENJOYING LIFE compared to the older generations.

*[General comments and questions]*

14:28:35 From Brittany Carmona : What about the nonverbal communications they put off - for example : distant, non engaging, not feeling the confidence to speak up

14:30:23 From Emily Planchet : Thank you, Monica and Abby!

14:32:35 From Helene Bureau : Monica is an amazing asset to the Souhegan Valley Youth.

14:33:15 From Kim White Feather-Altomare : Thank you Abby

14:36:17 From Shawn Sutton : Abby, as a primary doctor I apologize on our behalf...it is awesome that you are thinking about your future and that you are sharing with us today!

14:42:05 From Arlene Magoon : That's a great example about the substance use. But beyond the specific issue isn't it important to learn how to move forward in the face of a negative response? Leaders of teens have a huge opportunity to teach resilience in the light of a negative experience. Where might be the balance?

14:44:47 From Michele Watson : Thank you Monica and Abby! CAST is a wonderful example of true youth engagement!

14:45:59 From Arlene Magoon : thats a great tip! 7 seconds!

14:46:22 From Peggy Verney : I really like the 7 sec. also

14:46:33 From Riché Colcombe : Abby is a very impressive 17 yr old!

14:47:09 From Monica Gallant : Yes she is!

14:47:24 From Lori Tsuruda : Go, Abby! :-)

14:47:46 From Megan Brabec : Great combo - that's what I studied at UNH! You'll do great things!

14:48:29 From Izcar Desueza : Thanks Maura, Monica and Abby for all what you shared and time.

14:49:01 From Lesley : Thank you both for sharing!

14:49:03 From Peggy Verney : Great session, thank you so much

14:49:18 From Lilo Bean : I would add that sometimes negativity and disheartenment in youth is misunderstood. Gen Z has grown up with the threat of climate change looming over us, yet none of the necessary action to protect the world that we will live in have been taken by the government. This is just one example of some of the issues that our generation is encountering. This is a very discouraging introduction to government/the systems in place for our generation.

14:49:19 From Monica Gallant : you are welcome :-)

14:50:13 From Mary Roberge : Thank you Monica and Abby for a great panel discussion!

14:50:13 From Abby Forrence : thank you so much everyone!! my email is : [abbyforrence@gmail.com](mailto:abbyforrence@gmail.com)

14:57:44 From Heidi Mitchell : Sorry Ladies I work with you outside of work through my local Sports and also I'm the President of my PTA.

*[Attendees share some ways they can get youth more engaged in their organizations]*

14:57:55 From Heidi Mitchell : Youth no you

14:58:20 From Jennifer Wright : Voice and choice

14:58:44 From Shawn Sutton : Invite them!

14:58:52 From Abby Forrence : the words i would use to describe youth are: passionate, diverse, empathetic, and resilient

14:58:59 From Paula Martel : continue to give them a voice

14:59:01 From Linda Quebec : I have connected with another person in my breakout group. We will follow up to engage youth more :)

14:59:21 From AnnMarie SanAntonio : Give more opportunities for youth to speak!

14:59:21 From Mary Roberge : Thank you for this presentation! It was very interesting!

14:59:25 From Kim White Feather-Altomare : go to the Kingswood youth group after school program and get to know the next gen that is coming up into the world

14:59:34 From Lesley : Open our doors to younger interns to give them that professional experience.

15:00:25 From Donna Hepp : Invite teens to help design environmental ed day rather than just working with the teacher.



15:00:26 From Paula Martel : meet them where they are

15:00:27 From Abby Forrence : also i would recommend creating partnerships with schools to develop “school clubs or teams” which can become smaller versions of your organization

15:00:36 From Arlene Magoon : Youth are not aware that they can have a big impact on their communities through Disaster Preparedness for their community. Our Barriers are letting teachers know of this great opportunity with FEMA and their State.

15:01:14 From Glafyra Ennis-Yentsch : Thanks for an informative, interesting session.

15:01:14 From Monica Gallant : definitely partnering with schools and other youth serving agencies

15:01:18 From Molly Plummer : Thank you!

15:01:19 From Damond Ford : Thank you Maura!

15:01:22 From Susi Burke : Thanks so much!

15:01:25 From Mikayla Collins : Thanks, everyone! Here is the link to let us know what you thought of the session:

[https://docs.google.com/forms/d/e/1FAIpQLSfSZfh4TlrtdaCgsdAU2t39d13CJ-9t6gCd7iJ47Q\\_BMScjnw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSfSZfh4TlrtdaCgsdAU2t39d13CJ-9t6gCd7iJ47Q_BMScjnw/viewform?usp=sf_link)